**Week 4 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Scrambled Eggs or Weetabix &Toast  | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast |
| Lunch | Cheese & onion quiche, boiled potatoes & sweetcorn | Indian chicken curry rice & homemade nann | Italian spaghetti bolognaise | Fish parsley sauce & peas | French cassoulet homemade bread |
| DESSERT | Fresh Fruit  | Natural Yoghurt | Fresh Fruit  | Apple pie & custard | Fresh Fruit |
| Vegetarian |  |  | Lentil bolognaise | Vegetable bake parsley sauce |  |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate |
| Tea |  Crumpets Fresh Fruit  | Cheese & tomato toasted muffinsFresh Fruit | Cheese sconesFresh Fruit  | Marmite/tuna sandwichesFresh Fruit | Beans on toastFresh Fruit |
| Babies | Fruit Puree or menu  | when appropriate  |  |  |  |