**Week 6 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Scrambled Eggs or Weetabix &Toast  | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast |
| Lunch | Fish pie & Green beans | RatatouilleRoast potatoes | Chicken garlic & herb Macaroni Green beans | Indian keema & rice | Broccoli quiche mashed sweet potato & cauliflower |
| DESSERT | Bread & butter pudding  | Natural Yoghurt  | Fresh Fruit | Natural Yoghurt  | Fresh Fruit |
| Vegetarian | Vegetable pie |  | Macaroni cheese |  |  |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate |
| Tea |  Cheese/Tuna &  Cucumber  sandwiches  Fresh Fruit  | Fruit sconesFresh Fruit | Cheese & crackers apple & cucumber sticksFresh Fruit  | Pitta bread with red pepper hummus cucumber & carrot sticks Fresh Fruit | Vegetable soupFresh Fruit |
| Babies | Fruit Puree or menu  | when appropriate  |  |  |  |