**Week 8 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Scrambled Eggs or Weetabix &Toast  | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast |
| Lunch | Root vegetable stew & mash | Chicken Enchiladas & rice | Aubergine & chickpea curry rice & homemade Nann | Meat pie boiled potatoes Mashed swede | Fish mornay Green beans peas & roast potatoes |
| DESSERT | Fresh Fruit  | Natural Yoghurt | Banana loaf  | Natural Yoghurt | Fresh Fruit |
| Vegetarian |  | Vegetable Enchildas |  | Vegetable pie | Vegetable Mornay |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate |
| Tea |  Homemade  pancakes  Fresh Fruit  | Crackers with veg sticks & cheeseFresh Fruit | Cheese strawsFresh Fruit  | Pitta bread with hummusFresh Fruit | Cheese/Marmite sandwichesFresh Fruit |
| Babies | Fruit Puree or menu  | when appropriate  |  |  |  |