**Week 5 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast |
| Lunch | Jacket potatoes with chilli con carne | Tuna pasta bake with sweetcorn & peppers | Chicken pie mash cabbage & carrots | Indian spinach & potato curry & rice | Vegetable lasagne & green beans |
| DESSERT | Natural Yoghurt | Fresh Fruit | Natural Yoghurt | Fresh Fruit | Rice pudding |
| Vegetarian | Vegetarian mince | Vegetable pasta | Vegetable pie |  |  |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate | | | | |
| Tea | Cheese wraps with cucumber sticks  Fresh Fruit | Crackers & dairy lea  Fresh Fruit | Vegetable soup  Fresh Fruit | Cheese straws  Fresh Fruit | Tuna/Marmite sandwiches  Fresh Fruit |
| Babies | Fruit Puree or menu | when appropriate |  |  |  |