**Week 5 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Porridge/ Weetabix & Toast  | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast | Porridge/ Weetabix & Toast |
| Lunch | Jacket potatoes with chilli con carne | Tuna pasta bake with sweetcorn & peppers | Chicken pie mash cabbage & carrots | Indian spinach & potato curry & rice | Vegetable lasagne & green beans |
| DESSERT | Natural Yoghurt  | Fresh Fruit | Natural Yoghurt | Fresh Fruit | Rice pudding |
| Vegetarian | Vegetarian mince | Vegetable pasta | Vegetable pie |  |  |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate |
| Tea |  Cheese wraps with cucumber sticks  Fresh Fruit  | Crackers & dairy leaFresh Fruit | Vegetable soupFresh Fruit  | Cheese strawsFresh Fruit | Tuna/Marmite sandwichesFresh Fruit |
| Babies | Fruit Puree or menu  | when appropriate  |  |  |  |