**Week 1 Winter Menus**

**ALLERGEN INFORMATION AVALIABLE ON REQUEST**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast  | Porridge/ Weetabix & Toast | Scrambled Eggs or Weetabix &Toast  | Porridge/ Weetabix & Toast |
| Lunch | Cheese & Tomato pizza & potato wedges | Spaghetti bolognaise with carrots & Garlic bread(homemade)  | Chicken stew roast potatoes cauliflower/broccoli | Vegetable risotto | Fish Mornay mash potato carrots |
| DESSERT | Pineapple Upside down cake  | Natural Yoghurt | Fresh Fruit | Natural Yoghurt  | Fresh Fruit |
| Vegetarian |  | Vegetable bolognaise | Vegetable stew |  | Vegetable Mornay |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate |
| Tea | Cheese/ Marmite SandwichesFresh Fruit  | Cheese sconesFresh Fruit | Tuna melts Fresh Fruit | CrumpetsFresh Fruit | Crackers & Dairylea Fresh Fruit |
| Babies | Fruit Puree or menu  | when appropriate  |  |  |  |