

Week 3 Menu

ALLERGEN INFORMATION AVAILABLE ON REQUEST

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|---|---|--|
| Breakfast | Weetabix & Toast | Scrambled Eggs or Weetabix & Toast | Porridge/ Weetabix & Toast | Weetabix & Toast | Scrambled Eggs Weetabix & Toast |
| Lunch | Fish fingers potato wedges baked beans | Vegetable pie, mashed potatoes & cabbage | Cantonese sweet & sour chicken with rice noodles | Creamy Vegetable pasta Bake & garlic bread | Chicken Korma with rice and homemade naan bread |
| DESSERT | Natural Yoghurt | Fresh Fruit | Rice Pudding fruit compote | Fresh Fruit | Natural Yoghurt |
| Vegetarian | Vegetable fingers | | Sweet & sour vegetables | | vegetable pasta bake |
| Babies | Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate | | | | |
| Tea | Vegetable soup homemade bread Fresh Fruit | Cheese & Tomato muffins Fresh Fruit | Fruit Scones Fresh Fruit | Marmite/tuna sandwiches Fresh Fruit | Crackers & cheese Fresh Fruit |
| Babies | Fruit Puree or menu | when appropriate | | | |

