

Week 7 Menu

ALLERGEN INFORMATION AVAILABLE ON REQUEST

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Porridge/ Weetabix & Toast	Weetabix & Toast	Scrambled Eggs Weetabix & Toast	Porridge or Weetabix & Toast	Weetabix & Toast
Lunch	Vegetable lasagna & sweetcorn	Tuna pasta bake & sweetcorn	Shepherds pie & carrots	Vegetable curry Rice & homemade Naan bread	Chicken stew roast potatoes & gravy
DESSERT	Natural Yoghurt	Pear Sponge & custard	Natural Yoghurt	Fresh Fruit	Natural Yoghurt
Vegetarian		Vegetable pasta		Vegetable cobbler	Vegetable stew
Babies	Weaning Process followed i.e.: veg, fish, meat, purees then menu when appropriate				
Tea	Fruit Scones Fresh Fruit	Vegetable soup with Homemade Bread Fresh Fruit	Marmite/tuna Sandwiches Fresh Fruit	Cheese & Tomato Muffins Fresh Fruit	Cheese & Crackers Fresh Fruit
Babies	Fruit Puree or menu	when appropriate			

